



## Recreationally

The reason for this article is to help parents and caregivers understand just how dangerous it is today for our children and young people when it comes to having fun and partying.

**Drugs of abuse** change all the time and most parents don't even know some of these dangerous drugs exist. Most don't have a clue that there are street terms that reference these drugs, if their child is experimenting with them they would never know. It's extremely sad to think of the amount of young people that have either lost their life due to partying with friends one night or that party night changed their lives forever.

Many innocent young people go to these get-togethers or parties and have never done drugs before and have no intention of ever doing them. It's not unusual for someone to slip something into their drink just for the hell of it, they think it's funny. Parents need to be aware of the **common drugs abused** today because parties and socializing isn't the same as it was in the past, it's much more dangerous. There are more toxic and serious drugs and substances floating around than could ever be imagined so hopefully this information will be helpful to parents and caregivers who aren't aware.

I realize this article is long and exhausting but our children's lives are precious and their health and wellbeing are worth every word.

## Marijuana



Marijuana is one of the most popular and commonly abused drugs throughout the United States and it's used by every age group. Other substances that come from the same plant are sinsemilla, hashish, and hash oil but **marijuana** is the most popular drug of choice for teens and young adults.

According to a National Survey on Drug Use in 2009 young people in 8th, 10th, and 12th, grade prefer marijuana over other illegal drugs.

This same survey showed that 16.7 million people aged 12 and older currently used marijuana. The Government has classified marijuana as a Schedule 1 drug because the potential for abuse is very high and there is currently no medically accepted treatment for marijuana in the United States at this time.

There is evidence that shows pot changes the mental health of adolescents. Depression is common in many adolescents for several reasons. The pot that teens are smoking today is much more potent than it was in the past. Young people who smoke marijuana weekly or more frequent than that can double their risk of anxiety and depression. If a teen is already depressed and smokes marijuana they stand a good chance of becoming dependent on marijuana as well as other drugs.

Scientists are continuing to research and investigate medicinal properties of THC which is the main active chemical in marijuana; THC is short for delta-9-tetrahydrocannabinol. Scientists are also researching other cannabinoids to get a better understanding of the medicinal properties they may have. There is a wide range of medical conditions individuals suffer from; scientists are looking for a better way to utilize the medicinal properties found in marijuana rather than smoking it. There are health-issues associated with smoking marijuana which have to be avoided.

**Marijuana Street Terms:** There is several slang terms young people as well as adults use when referring to marijuana. These terms include;

- Skunk
- Reefer
- Chronic
- Gangster
- Mary Jane
- Weed
- Joint
- Grass
- Ganja
- Kif
- Pot
- Boom
- Herb

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## Dextromethorphan



DXM is short for Dextromethorphan which is a cough suppressant that is found in many cold and flu medications over the counter. Teens and young adults abuse DXM medications quite often in order to get high. **Abusing Dextromethorphan** in high doses causes euphoria and hallucinations in those that abuse this drug. Their sight and hearing is distorted causing them to see and hear things that aren't there.

The most commonly abused medications containing DXM by young people are **Robitussin** and **Coricidin**.

There are over 120 other over the counter DXM medications either by themselves or in combinations with other drugs like; acetaminophen, antihistamines, decongestants, and expectorants. DXM is dangerous enough when abused but when combined with other substances health problems are increased.

Dextromethorphan intoxication includes; Sluggishness, Slurred speech, Hyper-excitability, Involuntary eye movement, Sweating, Confusion and Hypertension.

**Dextromethorphan** combined with pseudoephedrine when abused increases blood pressure, dextromethorphan combined with acetaminophen when abused can cause potentially delayed liver damage and dextromethorphan combined with antihistamines when abused can cause central nervous system toxicity, cardiovascular toxicity, and anticholinergic toxicity.

Abusing DMX in higher doses than recommended, mixing dextromethorphan with other drugs, and combining DMX with alcohol is extremely dangerous and many deaths have occurred when doing so. In 2008 alone there were 7,988 emergency room visits associated with the use of dextromethorphan for non-medical use. Each year ER visits increase due to abuse of DXM, don't let your child be one of them.

**DXM Street Terms:** Robo-tripping and skittling are the terms used describing illicit DXM use. The terms used on the streets to describe the suppressant DXM are;

- Robo
- Triple C,
- Poor Man's PCP
- DXM
- CCC

V i c o d i n

## Vicodin



Vicodin is a prescription painkiller that contains hydrocodone and **acetaminophen**. This prescription pain medication is a prescribed treatment for relieving moderate to severe pain. Unfortunately many young people are in need of medical attention and **drug treatment** due to abusing this painkiller for non-medical reasons.

People in every age group **abuse Vicodin** and other pain pills for the purpose of getting intoxicated or high. Abusing Vicodin in large doses, mixing Vicodin with other drugs, and combining Vicodin with alcohol has sent many young people straight to the Emergency Room throughout the United States. The **abuse of prescription drugs** like Vicodin is increasing in spite of the health related consequences that are associated with **pain killer abuse**.

Emergency Room visits show an increase of 111% from 2004 to 2008 involving narcotic painkillers used for nonmedical reasons. Many of these people actually overdosed on Vicodin as well as other pain medications. Hospital ER visits are continually increasing due to the misuse of this painkiller and is a major public health concern.

There are other prescription pain pills that contain **hydrocodone** and acetaminophen that are equally abused for no other reason other than to get high. These include; **Anexsia, Anolor DH, Lortab, Lorcet, Hycodan, Vicoprofen, Norco, and Zydone**. These drugs are easy to get ahold of today and parents need to be aware. The disturbing facts are that many parents are **addicted to painkillers** like Vicodin and the young people are getting them from home.

**Vicodin Street Terms:** terms for Hydrocodone, Vicodin, and other hydrocodone pain pills are;

- Vikes
- Norco
- Hydro

A d d e r a  
 l l **Adderall** a n d  
 and R i t a l i n  
**Ritalin** S c h e  
 d u l e  
**Schedule I** l **II** D r u g s

**Drugs**



M D M A MDMA (   
 E c s t a s y

(Ecstasy)



(Club Drug) MDMA is also known as Ecstasy, is an **amphetamine drug** and is very commonly abused today. **Ecstasy** is usually taken orally and produces hallucinogenic mind altering highs when abused. This hallucinogen is very popular today and has very serious health related effects when used in high doses or combined with alcohol or other drugs. Young people love this drug because it gives them energy and they can party and dance for long periods of time.

Health issues involving Ecstasy use include; dehydration, hypertension, kidney failure, heart failure, increased body temperature (can lead to death), confusion, depression, problems with sleep, anxiety, paranoia and memory loss.

**Ecstasy (MDMA) Street Terms:**

- Clarity
- Lover's Speed
- XTC
- Adam
- E
- X

G H B GHB (   
 G a m - y o u y a e   
 m a H d x b t r t

)

(Gamma-

**Hydoxybutyrate)**



(Club Drug) GHB is also referred to as Gamma-hydroxybutyrate. This club drug is a central nervous system depressant that normally is taken orally in liquid, powder, tablet or capsule form. GHB reacts as a sedative and has euphoric effects when used. Combining GHB with other drugs or alcohol increases the dangers associated with this depressant.

GHB is also known as a date rape drug, acquaintance rape drug, or drug assisted assault drug. Not only is GHB used at parties with young people looking to get 'high', this drug can be slipped into beverages with the intention of sexual assault on an innocent victim. This has happened at parties, raves, bars, and night clubs to innocent victims and they have little if no memory of what took place. Young people need to be aware of how serious this club drug is.

**GHB Street Terms** include Great Hormones at Bedtime and many others such as;

- Sleep-500
- Somatomax
- Salty Water
- Cherry Meth
- Liquid Ecstasy
- Organic Quaalude
- Georgia Home Boy
- Grievous Bodily Harm
- Fantasy
- G-riffic
- Gamma Oh
- Liquid E
- Liquid G
- Liquid X
- Easy Lay
- G
- Jib
- GBH
- Goop
- Scoop
- Sleep
- Vita G

R o h y p n

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**Rohypnol**



(Club Drug) Rohypnol is a tasteless and odorless sedative-depressant that dissolves very easily in carbonated drinks and the effects are very similar to alcohol intoxication. The use of Rohypnol also causes amnesia like effects which is why this club drug gained popularity as a date rape

drug. This sedative type drug causes low blood pressure, drowsiness, dizziness, confusion and visual impairment.

Not everyone abuses [Rohypnol](#) with intentions of sexual assault on an innocent victim. Some individuals use Rohypnol with the intentions of getting high. When mixing depressant type drugs with alcohol or other depressants, the serious health effects are increased and possibly lethal.

***Rohypnol Street Terms:***

- R-2
  - Rope
  - Roche
  - Rophy
  - Pingus
  - Roples
  - Roofies
  - Rophies
  - Circles
  - Roach-2
  - Roaches
  - Roopies
  - Lunch money drug
- Robotal
  - Ruffies
  - Ruffles
  - Wolfies
  - La Rocha
  - Reynolds
  - Row-shay
  - Rochas dos
  - Forget pill
  - Forget-me pill
  - Mexican Valium
  - Forget me drug
  - Getting roached

K e t a m i n

e

**Ketamine**



(Club Drug) Ketamine is an anesthetic that was primarily used in veterinary medicine. It's been approved for people and animals now and has become a popular drug to abuse for a couple of reasons. Ketamine is used to get a hallucinogenic dreamy-like high most commonly by teenagers and young adults.

In the year 2000, young people aged 12 to 25 years old were the ones seeking medical treatment in emergency departments throughout the United States. This age group made up around 74 percent of those in need of medical attention for [Ketamine abuse](#). The abuse of Ketamine is still going on today by many young people.

Another reason Ketamine is abused is because it produces anesthetic affects, anesthesia like properties is sought after by sexual predators because it incapacitates their victims intended for sexual assault.

Ketamine can be found in powder form or as a liquid and because it's colorless and odorless, it's easy to sneak it into someone's drink without it being noticed. Again, the dangers of mixing ketamine with other drugs or alcohol are extremely serious and can lead to death.

***Ketamine Street Terms***

- Special K
- Super acid
- Cat killer
- Cat Valium
- Special la coke
- Green K
- Super C
- Kit kat
- Honey oil
- Vitamin K
- K
- Jet
- Ket
- Purple

L S D LSD ( L y  
 s e r g e i c  
 (Lysergic A c i d  
 Acid D i e t  
 h y l a m  
 i d e ) m

**Diethylamide)**



(Club Drug) LSD stands for Lysergic Acid Diethylamide and is still a drug of abuse today. LSD is a synthetic man made drug that's popular because of the hallucinogenic high's an individual receives with using this substance. Those that **abuse LSD** experience delusional hallucinations, this drug distorts their sense of who they are and where they are.

Tripping on LSD is extremely dangerous, since this is a man-made drug, who really knows what's in it, the user sure doesn't. Mixing LSD with other drugs or alcohol could be lethal.

Yes, LSD is still around and is classified as a Schedule I drug under the Controlled Substance Act. This drug reacts differently on each user, and each time of use. This means each time a person uses LSD their experience is different. Many have experienced terrifying fear while tripping on LSD while others experience sadness and despair. Still others experience loss of control and have suffered fatal accidents while tripping on LSD. The scary thing is that many-many users mix LSD with other club drugs, alcohol, **PCP**, cocaine and **heroin**, or any other substance that's available.

***LSD Street Terms***

Back breaker, Battery acid, Doses, Dots, Elvis, Loony toons, Lucy in the sky with diamonds, Pane, Superman, Window pane, 100s, 25s, Acido, Aeon flux, Animal, Barrels, Beavis & Butthead, Big D,



Crack cocaine is classified as a Schedule II Substance because it can be extremely mentally and physically addictive and the potential for abuse is very high. Many young people are hooked on crack and parents may not know it. Cocaine most of the time is snorted or injected into a vein but crack cocaine is usually smoked through a pipe. There are thousands of people **addicted to cocaine** and in serious need of treatment. This addiction is serious!

### ***Crack Cocaine Street Terms***

151, 24-7, Apple jacks, B.J.s, Baby T, Bad, Badrock, Basa, Base, Baseball, Basing, Beamer, Beamers, beat, Beautifyl boulders, Bebe, Beemers, Big 8, Bill blass, Bingers, Bings, Biscuit, Bjs Black rock, Blotter, Blow, Blow up, Blowout, Bobo, Bollo, Bonecrusher, Bones, Bopper, Botray, Boubou, Boulder, Boulya, Bullia capital, Bullion, Bumper, Butler, Cakes, Capsula, Casper, Casper the ghost, CDs, Cheap basing, Chemical, Chewies, Cloud, Cluck, Coke, Cookies, Crack attack, Cracker jack, Crib, Crunch & munch, Demolish, Devil drug, Devil's dick, Devilsmoke, Dice, Dime, Dime special, Dip, Dirty basing, Doub, Double yoke, Eastside player, Egg, Electric Kool-aid, Famous dimes, Fat bags, Fish scales, French fries, Fries, Gank, Garbage rock, Geeker, Glo, Golf ball, Gravel, Grit, Groceries, Hail, Hamburger helper, Hard ball, Hard rock, Jelly beans, Johnson, nuggets, Pebbles, Piedra, Piles, Pipero, Puffer, Rocks of hell, Rocky III, Scrabble, Stones, Topo, White sugar, and Zulu.

There are many other drugs abused by young people today but the substances mentioned above are quite popular and commonly used by many teens and young adults. It's impossible for parents to know where their children are at all times and just as impossible for them to know what they're doing. We all know that times have changed and that drug use has gone from bad to worse in many ways.

Recreational fun has taken on a new meaning today for many of our young people. Alcohol, illegal drugs, over the counter medications and prescription painkillers are experimented with, used and abused as part of socializing for many teens and young adults today. Many parents have no clue that this is going on. The sooner drug use is recognized in our teens and young adults the better!